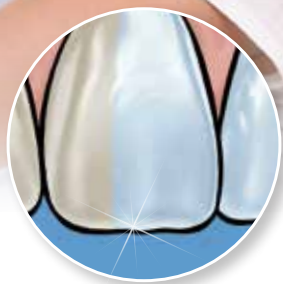


VivaStyle® Paint On Plus



Serious Whitening

*Questions and answers
on tooth whitening*

VivaStyle® Paint On Plus

How would you like your smile?



Like this ...



...or like this?

A smile connects.

Lifelong
healthy teeth.



Serious Whitening

Does the appearance of your teeth bother you?
Would you like them to be whiter?
Beautiful, white teeth for a bright, winning smile.

Professional tooth whitening with
VivaStyle Paint On Plus makes it possible.

How does it work?

Here you will find the answers to the most
frequently asked questions on tooth whitening
with VivaStyle Paint On Plus.

What can I do to lighten my teeth?

Today, very effective measures are available.
Your dental team may suggest whitening your teeth
with the help of the VivaStyle Paint On Plus varnish
system. It is based on the findings of state-of-the-art
dentistry.



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What causes the discolouration of my teeth?



Certain foods and beverages, tobacco, medications and illnesses are known to cause discolouration in teeth. In many cases, teeth also become darker with age.

Whitening teeth with a varnish system – how does it work?

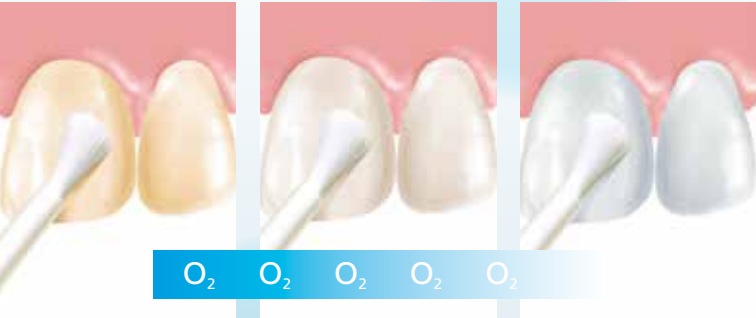
VivaStyle Paint On Plus is applied to the teeth with a brush. The proven ingredient hydrogen peroxide releases oxygen. This component gently lightens stained teeth. The varnish has a matt white appearance when it dries. It remains on the teeth for several minutes and is subsequently removed with a toothbrush.

Can I carry out the treatment at home?

Yes. However, it is indispensable that your dentist examines you first and discusses a treatment schedule with you. You can then bleach comfortably at home, following your dental team's instructions – up until your check-up appointment.



The varnish releases oxygen (O_2) which bleaches the teeth.



Can anyone use the varnish?

No. Certain individuals, for example children, adolescents below 18 years of age and pregnant or nursing women should not whiten their teeth. Your dentist will inform you about whether or not tooth whitening is suitable for you.



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Step by Step

Serious Whitening



VivaStyle® Paint On Plus

Is tooth whitening safe?

According to the current scientific findings, tooth whitening is considered to be a gentle procedure, which does not affect teeth, existing fillings or soft tissue.



Are there any special tips for correctly applying the product?

Yes. For it to adhere properly and work effectively the varnish should be applied to clean, dry teeth.

Should I expect any side effects?

If some varnish should come in contact with oral tissue, you may feel a cold sensation. This feeling will subside. In some cases, you may experience temporary sensitivity of the teeth or irritation of the soft tissues when you use the varnish.

Is there anything I can do to prevent or reduce these side effects?

Yes, there is. During the treatment cycle, you should avoid eating citrus fruits and drinking acidic beverages. Information regarding the measures you should take during the treatment is available at your dental practice.

How often can I use the varnish?

Once or twice a day according to your dentist's recommendation. The treatment will take 10 minutes per application.



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How long does the treatment take?

It depends on the cause and extent of the discolouration. In many cases, teeth are noticeably whiter after the first few applications.

Stains caused by foods are usually lightened after 7 to 14 days. However, if the stains have been caused by medication or an illness, the treatment may need to be continued for several months. Should this be the case, your dentist may recommend using another method.

Are the whitening results the same for everyone?

No. The results depend on the individual. The original natural colour of the teeth as well as the cause of the stains will influence the result.

How long will the whitening results last?

It depends on your life-style: The whitening results last between a few months and several years.



Your diet, age and dental hygiene regime as well as smoking habits decisively influence the duration of the results.



Drinking coffee, tea and red wine frequently as well as smoking, for example, will quickly darken teeth again.





What can I do to keep my teeth white for as long as possible?

Good oral hygiene is essential for keeping teeth looking their best. Regular professional tooth cleaning appointments will also help to prolong the results. If your teeth start to appear darker again, you can repeat the treatment with VivaStyle Paint On Plus.



Will the treatment whiten my dental work?

No. Only natural teeth are whitened. Your dentist will advise you as to whether or not the treatment is suitable for your teeth, as fillings and crowns in visible areas may have to be replaced.

Are fillings available that are so white that they cannot be distinguished from whitened teeth?

Yes. Ivoclar Vivadent offers products that match the colour of whitened natural teeth. Ask your dentist about them.

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Is it necessary to consult with my dentist?

Yes. Your dentist will recommend effective products such as VivaStyle Paint On Plus. He or she will examine you and recommend a suitable product for you on the basis of the examination.

The dental team will give you invaluable advice, which will help you to avoid side effects and conduct the treatment successfully. You will be given information on what kind of professional measures are available for keeping teeth white for as long as possible. You may also want to ask about what you can do at home.



Treat yourself to a bright white smile. Your dental team will show you how.

Practice stamp

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